*Adaptation Note: Field noting has been long used by researchers to collect data to produce meaning

Activit   Rationale and Aims

Aims

01.

and events as they relate to the team's research and/or design goals

02.

and learnings to inform the research and/or design

This activity aims to support building

in context and to facilitate informed

that bring joy and pain in an individual's context. This practice can deepen

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ness, and compassion to themselves

notes are also a tool that educators and practitioners can use to develop justice-centered practices by noticing their experiences and interactions

can support the process of building

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University

In Person Steps

01.

field notes.

    an event and/or interaction.

      i. Low inference notes describe what happened without drawing conclusions or making judgments.

  b. Notes include descriptions of conversations, activities and interactions, participants,

    descriptions of phenomena that are directly

    involve interpretations and include things that are not directly observable, such as assumptions and prescriptions of meaning.

02.

  a. The context should be an interaction that involves collaborators directly or that they

  b. These events or experiences should focus

03.

notes and discuss:

    i. What was the process of writing feld notes like? Did anything feel challenging?
    ii. How easy was it for you to stay "low on the ladder of inference"?

the author share, the partner shares their

    i. How did you feel as you read?
    ii. What is there to celebrate about this set of feld notes?

    i. What connections did you see to [insert key constructs from your project]?
    ii. Did you fnd it dif cult to stay low inference?

04.

another collaborative tool.

they can record themselves via an audio recording.

EVALUATE AND ITERATE

to notice their bodies, emotions, feelings,

to one's environment, interactions, and experi-

noting can encourage collaborators to en-

and supports the conditions that enable prac-
tices of care and compassion.

to justice-centered actions. Field notes can